» "Boost Your Confidence Through Motorcycling"

BY ALISA CLICKENGER BOOK

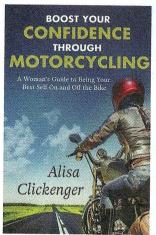
ven in modern times, girls and women are told that they cannot do certain things. It takes a toll on our confidence and other interests, such as motorcycling. I wanted to be a motorcyclist, but I was repeatedly told, "No." I still remember the power and the confidence I felt when I first got on a bike and I started figuring it out.

"Boost Your Confidence Through Motorcycling" not only dispels the naysayers, but also provides the tools and resources to boost our confidence and abilities, both on and off the bike. Alisa's "you can do it" attitude is the key. She is genuine and passionate about her mission to empower women through motorcycling. This

book is a step-by-step manual that helps even the apprehensive get onto a bike and go farther than they ever imagined.

Alisa once found her life upside down and spinning. However, she has devoted the last two decades to following her passion, becoming an accomplished and confident motorcyclist, and empowering others to ride.

After becoming a motorcyclist, Alisa turned her life into something beautiful, finding confidence and her life's purpose. The book documents the skills she has learned from her journey. Alisa explores each step with a unilaterally positive and motivational approach. She outlines each step in a clear path to reaching our motorcycling nirvana, starting with ourselves, before moving to bigger adventures. She challenges readers to reboot and remember, "you are enough."



Immediately drawn in by her intimate and humble style, it felt as if I'd known her for years. The book is Alisa's invitation to a supportive partnership with all women riders and shows a genuine dedication to that mission. Alisa personally invests herself into the reader's riding improvement with direct access via email, as well as through her associated groups and resources.

Alisa's dedication to the empowerment of women through motorcycling manifests as an expertly conceived plan of confidence building. As riding confidence increases, it organically transfers to all areas of our lives. Alisa invites us to unite and be complicit in this empowerment. She encourages us to share our wisdom, resources,

and most importantly, understand and remain true to ourselves. The potential is there inside all of us.

This book makes confidence-building tangible, attainable, and sustainable. We are enough. We can do anything we set our minds to. We need to trust and know ourselves first. Someone else's goal doesn't need to be our own. Alisa's explicit instruction, inspirational tone, and plethora of resources make this book indispensable for any female motorcyclist.

—Jane Schluter

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shields, like most modern cohorts, allow quick, tool-free removal and installation, and Bell's mechanism is particularly sturdy and easy to use.

On the downside, the ProTint does not have mounts for a Pinlock antifog insert or external tear-offs, as do some other versions of the Panovision shield. Some users may also miss the multistop ratcheting capability found on many shield interfaces. Panovision shields notch in only at fully open and fully closed, although they can be left cracked open for air circulation. Snapping the shield closed requires firmer pressure than most, but yields greater security.

Panovision fitment shields are

available in a variety of other colors and configurations and are compatible with 2016 or newer Race Star Flex, Pro Star Flex (raised eye port for track use) and Star MIPS and SRT Modular helmets (lower eye port for road use).

Bell also includes the Panovision ProTint shield (part 7102608) with Star helmets carrying the "DLX" designation, starting at \$499.

Bell photochromatic shields featured Transitions branding and ClickRelease fitment before 2016. The older Bell Qualifier DLX MIPS helmet was still available online for \$270, and includes a ClickRelease Transitions shield (part 7102606) that also fits pre-2016 Bell

Star (non-MIPS), RS-1, RS-2, Vortex and Qualifier helmets.

A photochromatic shield allows for spontaneous rides, without worrying about getting home before dark or having to pack an extra shield. Riders who prefer drop-down sun visors, or wearing sunglasses under a clear shield can save their money for something else.

We found the convenience of this purpose-built face shield worth its \$150 MSRP. More so when included with an advanced Flex- or MIPS-based helmet.

—Mark Barnes

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